

AUGUST | 2019

Seeger Jr. Sr. High School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
5	6	7 Waffles & Sausage Patty *Chicken Mashed Potato Bowl w/ Roll *Crispitos Mashed Potatoes Sweet Potatoes Corn	8 Breakfast Sandwich *Tacos *Chicken Strips French Fries Green Beans Refried Beans	9 Biscuit & Gravy *Spaghetti & Meatballs W/ Garlic Toast *Mozzarella Sticks Spiral Fries Corn Mixed Vegetables Ice Cream
12 Cold Breakfast *Cheeseburger *Quesadilla Onion Rings Corn Mixed Vegetables Cookie	13 Breakfast Pizza w/ Hash brown *Popcorn Chicken *Breadsticks w/ Cheese Potato Wedges Cheesy Green Beans Carrots	14 French Toast Stick w/ Sausage Patty *Texas Straw Hat *BBQ Sandwich Baked Potato Green Beans Refried Beans	15 Breakfast Sandwich *Breaded Chicken Sandwich *Bosco Sticks Au Gratin Potatoes Spinach Baked Beans Cookie	16 Biscuit & Gravy *Cup of Soup *Pizza Potato Stick Corn Peas
19 Cold Breakfast *Chicken Rings *Lasagna Roll-Up & Garlic Toast Potato Wedges Broccoli & Cheese Mixed Vegetables Brownies	20 Breakfast Pizza w/ Hash brown *Country Fried Steak *Drumstick Mashed Potatoes & Gravy Sweet Potatoes Corn Roll	21 Pancakes & Ham *Hot & Spicy Chicken Sandwich *Pizza Tatar Tots Cabbage Cauliflower & Cheese	22 Breakfast Sandwich *Sloppy Joes *Chicken Nuggets French Fries Corn Okra	23 Biscuit & Gravy *Chicken Chipotle Wrap *Jumbo Hot Dog Waffle Fries Baked Beans Green Beans Frozen Treat
26 Cold Breakfast *Turkey Bacon Sub *Pizza Onion Rings Corn Mixed Vegetables	27 Breakfast Pizza w/ Hash brown *Chicken & Noodles w/ Roll *Popcorn Shrimp Mashed Potatoes Cheesy Green Beans Carrots Cookie	28 French Toast & Sausage Patty *Biscuit & Gravy & Omelet *Buffalo Chicken Wrap Hash brown Corn Spinach	29 Breakfast Sandwich *Taco in a Bag *Quesadilla Spiral Fries Refried Beans Green Beans	30 Biscuit & Gravy *Patriot Burger *Corn Dog Potato Sticks Baked Beans Broccoli & Cheese Cinnamon Roll



"This institution is an equal opportunity provider"

A LINE HOT LUNCH

Choose one of two Hot Entrees, then, choose three sides. Choice of side dishes will vary daily, and

Include such items as:

- Potato
- Two Hot Veggies
- Variety of cold Fruits, Veggies and Vegetable Salad

Milk is included with A-line

STUDENTS MUST GET A ½ C. OF FRUIT OR VEGETABLE TO COUNT AS A REIMBURSABLE MEAL

BREAKFAST JUICE AND FRUIT, AND MILK ARE OFFERED. YOU MUST CHOOSE A JUICE OR A FRUIT.

**BREAKFAST OPTIONS OTHER THAN THE HOT ENTREE
CEREAL- MUFFINS
GRANOLA BARS - POP TARTS**