



SEEGER Weekly Activities
August 19 – August 24



Monday, August 19

Breakfast: Cold Breakfast, Juice and Milk

Lunch: Chicken Rings, Lasagna Roll-Up & Garlic Toast, Potato Wedges, Broccoli & Cheese, Mixed Veggies, Brownies, Milk

4:45 PM – Golf vs SN

Tuesday, August 20

Breakfast: Breakfast Pizza w/Hashbrown, Juice and Milk

Lunch: Country Fried Steak, Drumstick, Mashed Potatoes & Gravy, Sweet Potatoes, Corn, Roll, Milk

4:30 PM – Golf WRC @ SV (At Mathews Course)

6:00 PM – JV/V VB vs Tri-Co

Wednesday, August 21

Breakfast: Pancakes & Ham, Juice and Milk

Lunch: Hot & Spicy Chicken Sandwich, Pizza, Tater Tots, Cabbage, Cauliflower & Cheese, Milk

4:30 PM – Golf WRC @ SV (At Geneva Hills Course)

Thursday, August 22

Breakfast: Breakfast Sandwich, Juice and Milk

Lunch: Sloppy Joes, Chicken Nuggets, French Fries, Corn, Okra, Milk

9:00 AM – WHIN Celebration in the Ag Department

12:05 PM – SGA Meeting

5:00 PM – XC Invite

6:00 PM – JV/V VB vs Cov

Friday, August 23

Breakfast: Biscuit & Gravy, Juice and Milk

Lunch: Chicken Chipotle Wrap, Jumbo Hot Dog, Waffle Fries, Baked Beans, Green Beans, Frozen Treat, Milk

10:45 AM – 12:30 PM – Class Ring Delivery

2:40 PM – Fall Awards Program (Pep Session Schedule)

7:00 PM – FB @ Parke Heritage

Saturday, August 24

SAT

9:00 AM – V VB @ Laf Jeff

9:00 AM – XC @ FC Invite

1:30 PM – Golf @ WeBo